



PATIENT HISTORY QUESTIONNAIRE

Name: _____ DOB: _____ DATE: _____ Male/Female _____

Instructions: Please fill out the form, print it and bring to your next appointment. Note that your health information is private and will be stored in a secured electronic medical record.

- I. **Medications** (Please list all of your current medications including prescriptions, over-the-counter medications and vitamins and how often you take them)

- II. **Allergies** (Please list allergic/adverse reaction to medication/food/latex gloves/eggs/dyes and reactions you have)

- III. **Previous Hospitalizations** (Please list all previous hospitalizations including the reason and the date)

Previous Surgical History (Please list all surgeries and the date)

PATIENT HISTORY QUESTIONNAIRE (Cont'd)

Check All That Apply To You

History of:

	<u>Yes</u>	<u>No</u>		<u>Yes</u>	<u>No</u>	
Heart Attack			Frequent Bladder Infections			a
Angina			Bladder Incontinence			
High Blood Pressure			Headaches			a
High Cholesterol			Seizures			
Heart Valve Disease			Stroke			a
Congestive Heart Failure			Diabetes			
Rheumatic Fever			Thyroid Problems			a
Asthma			Anemia			
Emphysema			Blood Clots			a
Positive TB Test			Sickle Cell			
Stomach Ulcers			Easy Bruisability/Prolonged Bleeding			a
Reflux/Hiatal Hernia			Depression			
Colon Polyps			Anxiety Disorder			a
Hepatitis/Jaundice			Alcohol/Drinking Problem			
Gallbladder Disease			Drug Dependence			a
Kidney Stones			Back Injury			
Arthritis			Bone/Joint Injury			a
Cancer			Glaucoma			
Sexual or Physical Abuse			Excessive Snoring			a
Insomnia			Hearing loss			
Vision loss			Wear glasses			a
Mental Illness			Other			

IV. Family History

Please check significant medical conditions among your BLOOD relatives

	<u>Yes</u>	<u>No</u>		<u>Yes</u>	<u>No</u>	
Asthma			Arthritis			a
Diabetes			Heart Attack			
High Blood Pressure			High Cholesterol			a
Stroke						
Cancer			Type of Cancer _____			a
Blood Disorder			Sickle Cell Anemia			
Kidney Disease			Liver Disease			a
Colon Disease			Glaucoma			
Cataracts			Depression			a
Mental Illness			Alcoholism			
Drug Dependence/Abuse			Anxiety Disorder			a
Other						

PATIENT HISTORY QUESTIONNAIRE (Cont'd)

V. Health Maintenance/Preventative Healthcare

Colon Screening

Have you had a colonoscopy ☐ Yes ☐ No Date _____

Abnormal ☐ Yes ☐ No

Polyps ☐ Yes ☐ No

Cholesterol Screening

Date of Last Cholesterol Check _____

Abnormal ☐ Yes ☐ No

Date of Last Diabetes Check _____

Immunizations/Tests for Adults

Flu Vaccine

Pneumovax

Tetanus/Diphtheria/Pertussis

Hepatitis B Vaccine

Zostervax (shingles)

Immunizations/Tests for Children/Adolescents

Immunizations up to date?

Please bring shot record(s).

Do you have a living will ☐ Yes ☐ No

Do you have a health surrogate ☐ Yes ☐ No

Women

Date of Last Mammogram

History of Abnormal Mammogram ☐ Yes ☐ No

Date of Last Pap Smear

History of Abnormal Pap ☐ Yes ☐ No

Date of Last Bone Density

Number of pregnancies _____ Number of Deliveries _____

Age of starting menstrual period _____

Age of ending menstrual period _____

Menstrual Cycle –How often _____ How long _____ Flow _____ Date of Last Period _____

Men

Date of Last Prostate Exam

History of Abnormal Prostate Exam ☐ Yes ☐ No

Date of Last PSA

History of Abnormal PSA ☐ Yes ☐ No

PATIENT HISTORY QUESTIONNAIRE (Cont'd)

VI. Social History

Cigarette Use ☐ Never ☐ Quit _____ Date

If you are a smoker how many packs/day _____

How long have you smoked _____

Do you smoke ☐ Pipe ☐ Cigar ☐ Snuff ☐ Chewing Tobacco

Alcohol Usage

Do you drink alcohol ☐ Yes ☐ No

Number of drinks/week _____

Alcohol problems in the past ☐ Yes ☐ No

Drug Use

Do you use any recreational or illegal drugs ☐ Yes ☐ No

Have you ever used needles to inject drugs ☐ Yes ☐ No

Sexual History

Are you sexually active ☐ Yes ☐ No

Current Sex Partner ☐ Male ☐ Female

Birth Control Method _____

Have you ever had a sexually transmitted disease ☐ Yes ☐ No

Socio-Economic History

What is your occupation?

Years of Education/Highest Degree

Marital Status ☐ Single ☐ Married ☐ Divorced ☐ Widowed

Who lives with you at home?

What language is spoken at home _____

Nutritional Habits

Would you describe your current diet as healthy? Yes _____ No _____

How many meals and snacks do you eat daily? Meals _____ Snacks _____

Physical Activity

Do you engage in any form of regular physical activity (at least 3 days per week)

Yes _____ No _____

VII. For Patients With Diabetes

Date of Last A1C _____ Result _____

Date of Last Urine Microalbumin _____

Date of Last Eye Exam _____

Do you regularly test Blood Sugars at home ☐ Yes ☐ No